

MOMENT IN TIME

The healing moment that started Christian Science



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Feb. 4, 1866 It was the middle of a cold Massachusetts winter and Mary Baker Eddy, 44, was confined to bed after a bad fall. Eddy asked for her Bible and, while reading a passage about the healing powers of Jesus, suddenly felt well. She later described it as a revelation, the moment when she understood what would later become the central tenet of Christian Science: the link between prayer and health, or as Eddy put it, “The same power which heals sin heals also sickness.” After years of Bible study and other research, Eddy had laid the foundation for a new branch of Christianity. She spent the remainder of her life working to build the church, including the creation of a publishing arm that continues today with the Christian Science Monitor and other publications. — *Kate Hopwood*